

# Spray Tan Prep & Aftercare

**Products:** Vegan Friendly, Cruelty Free, Paraben Free, and Gluten Free

To enhance your tan and keep your glow as long as possible, please follow the pre-tan preparation and aftercare instructions below. With the proper maintenance, you should achieve your best tan and be glowing for 5-7 days.

## Preparation

- Exfoliate, shave, and/or wax 24 hours prior to your airbrush appointment
- After exfoliation, lightly moisturize
- 5 hours before your appointment take a light shower with shower gel only. Bar soap leaves a residue which becomes a barrier during your spray. Avoid using a loofah. No moisturizers, oils, makeup, or deodorant after this shower.
- Make sure all other spa treatments are scheduled 24+ hours before your tan. This includes facials, manicures, pedicures, and massages. Tanning should be your final beauty service before a special occasion.
- Book your airbrush 2 days before your special occasion for your best results
- *Females:* During the session, wearing whatever makes you feel most comfortable is recommended.
- *Males:* Athletic shorts required
- *Under 18:* Minor must be accompanied by a parent and be covered appropriately during the duration of the session

## Aftercare

- Wear loose fitting dark colored clothing for your tan to develop evenly. Avoid wearing socks and closed toe shoes. Any bronzer that gets on your clothing should easily wash off in the washing machine.
- To help your tan develop, avoid any moisture for 6 hours after your tan
- Avoid sweating/exercising until your first shower is complete.
- Allow 8-10 hours before your first shower to allow your tan to achieve its best color.
- First shower post airbrush should be a light rinse with luke-warm water
- When showering, use luke-warm water, be gentle, use mild shower gels only, and pat yourself dry – do not exfoliate and avoid loofahs/washrags for best results.
- After your second shower, gentle moisturizer is recommended to extend the tan and the quality of the fade.
- When the tan starts to fade, it's essential to exfoliate the skin in order to remove the old tan residue.